

J316 ABCs ***(Acquiring Biblical Concepts)***



J316 ABCs purpose is to encourage and equip you in your faith walk.

Precept

Rely On God's Resources – His Strength

Passage

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand. Isaiah 41:10 NLT

For I can do everything through Christ, who gives me strength. Philippians 4:13 NLT

Principle

Rely on His strength and help all the time including when you're fearful and discouraged.

Practice

Learn to rely on His strength mentally, emotionally and physically, it will enable you to do your best in all of life including your sport.